

**D.T.E. Academy's**  
**Padmashri Babasaheb Vengurlekar Mahavidyalaya Pandurtitha**  
**(Affiliated to University of Mumbai)**

**Pandur, Tal- Kudal, Dist - Sindhudurg, 416812, Office Tel - 02362-248077**

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# **Life Skill Activities**

## **2018-19**

Dadasaheb Tirodkar Educational Academy's  
**PADMASHRI BABASAHEB VENGURLEKAR MAHAVIDYALAYA,**  
**PANDURTITHA**  
(Affiliated to University of Mumbai)

Date:     /     /20\_\_

**Event Report**

Academic Year: 2018 -19

Semester- 1<sup>st</sup> term

Name of the event: World yoga Day

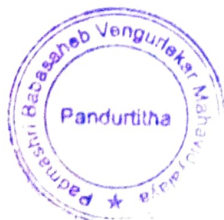
Date and Time	21/06/2018
Event Venue	Seminar hall
Organized by	Cultural Department / NSS Department
Targeted Audience	50
Resource Person	-

**Event Contents:**

1. live yoga Session
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Details of the event:**

June 2018 "World Yoga Day" was celebrated in our College at 9:00 AM. Some students of our College had participated in World yoga Day & joined for the yoga Session.



*Principals*  
Principals  
Padmashri Babasaheb Vengurikar  
Mahavidyalaya, Panduritha

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**Life Skill Activities**  
**2019-20**



Dadasaheb Tirodkar Educational Academy's  
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Date: 21/06/2019

Event Report

Academic Year: 2019 - 20

Semester- 1<sup>st</sup> Term

Name of the event: World yoga Day

Date and Time	21/06/2019
Event Venue	Seminar hall
Organized by	Cultural Department / NSS Department
Targeted Audience	50
Resource Person	Nigudkar sir

Event Contents:

1. Guest speech
2. live yoga session
3. \_\_\_\_\_
4. \_\_\_\_\_

Details of the event:

June 2019, "World yoga Day" was celebrated in our college at 9 a.m. some students of our college had participated in "World yoga Day" and joined for the live yoga session.

Resource person - Nigudkar sir address, the students, he said physical fitness should always be a priority for all and yoga is the best way to keep oneself physically and psychologically strong especially in the present challenging situation.



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**Life Skill Activities**  
**2021-22**



Dadasaheb Tirodkar Educational Academy's  
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Date:     /     /20\_\_\_\_

Event Report

Academic Year: 2021-22

Semester- 1<sup>st</sup> term

Name of the event: World Yoga Day

Date and Time	21/06/2021
Event Venue	Seminar Hall
Organized by	Cultural Department / NSS Department
Targeted Audience	60
Resource Person	

**Event Contents:**

1. live Yoga Session.
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**Details of the event:**

June 2021 "World Yoga Day" was celebrated in our college at 9:00 AM. Some students of our college participated in World Yoga Day & joined for the yoga session.





5.1.2. Following capacity development and skills enhancement activities

- **International Yoga Day**



  
**Principal**

Padmashri Babasaheb Vengurlekar  
Mahavidyalaya Pandurthitha

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# **Life Skill Activities**

## **2022-23**

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**PANDURTITHA**  
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Date: 21/06/2022

**Event Report**

Academic Year: 2022-23

Semester- \_\_\_\_\_

Name of the event: International Yoga day

Date and Time	21-06-2022 : 10.30 to 11.30
Event Venue	P.B.V.M.
Organized by	Cultural Department
Targeted Audience	160
Resource Person	Principal of P.B.V.M.

**Event Contents:**

1. Pranayama
2. Chakrasana
3. Tadasana
4. Gomukhasana.

**Details of the event:**

The event began with a brief introduction on Yoga Day by miss. S.V. Parab and by welcoming the guest of honor Dr. Sambhoji Shinde sir. Warm up exercises were taken and all the students practiced and performed sitting and standing asan.



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5.1.2. Following capacity development and skills enhancement activities

• **International Yoga Day**



  
**Principal**  
Padmashri Babasaheb Vengurlekar  
Mahavidyalaya, Pandurtitha